



# New Horizons News

A Publication of New Horizons United Methodist Church

August, 2017

Volume 20 Issue 8

**Our Mission: Connecting people to God and to one another**

**Our Vision: Helping all experience the hope and love of Jesus Christ as we serve our neighbors**

**Our Core Practices:**

**Invite—Reaching out and welcoming all to experience God's word**

**Grow—Learning God's word to guide our daily lives**

**Serve—Using our God-given gifts and talents to help others**



## PASTOR'S PONDERING for August, 2017:

John Wesley formed 3 distinct rules for participants in the General Societies. The first rule was, "to *do no harm*." The second was "to *do good*," in every way possible. The third was to "attend to the *ordinances of God*." That last one sounds pretty impressive, but what does it really mean?

Well... *attend* means "pay attention to or devote oneself to." An *ordinance* is "a direction, command or decree." So we can assume that an *ordinance* means to *pay attention* to the *commands* of God. Wow! That encompasses a whole lot of instructions! Maybe that's why Bishop Reuben Job paraphrased it down to the simplest directive: "Stay in Love with God." I suspect that comes from Luke 10:27: "**Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and Love your neighbor as yourself.**" While that is much easier to understand, it is not always so easy to do. When life gets difficult, how do we *stay in love* with God? What might that look like?

Specifically, Wesley told class participants to *attend worship*, hear *God's word* proclaimed, take the sacrament of *Holy Communion*, study the *Bible*, live simply in order to participate in *missional activities*, and participate in *prayer* (both in groups and privately). These are intended to become so ingrained in our everyday activities, that it becomes a second nature. Boiled down, Wesley is telling us to avoid evil, do good, and participate in the community of believers.

That makes sense. Easy, right? (Again, wow!) So let's just look at one of those *ordinances*. Most of us don't take as much time as we could (or should) for prayer. While it is important to carve time out of busy schedules to really *listen* to God... sometimes we need words of prayer and we need them *right now*! That is where breath prayers come in!

The UMC web page found at <[www.umc.org](http://www.umc.org)> has this to say about breath prayers: "Breath prayers are another way to become more aware of God's presence. The Holy Spirit is as near (to us) as the air we breathe. A common way to practice breath prayer is silently repeating a single-line prayer with each breath. As you inhale, address God with something like, 'Jesus, Son of God.' Then, as you exhale, express a request to God such as, 'be merciful to me, a sinner.'" For me... in times of stress and even in times of great emotion (negative and positive) I endeavor to breathe in *God's love* and breathe out the restless (worldly) stuff. My favorite breath prayer came off a church banner. It said, "**Lord be in me, and in my life.**" With a few minor changes (on the fly) it can fit every situation! "**Lord be in me, and grant me peace.**" Or, "**Lord be in me, and give me strength.**" Or "**Lord be in me and keep me safe.**"

Some have discredited the use of breath prayers as too *mystical* in nature, with pagan roots, discrediting their use for true Christians. For me, it is a path that leads to Christ and helps me quiet the outside world, while centering in the deep rich blessings of the triune God. I would encourage you to come up with your own breath prayer, as I have encouraged our Leadership Board members to do also.

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Brandon L. Fredenburg (*Start2Finish* guest author) validates, "This spontaneous adaptability keeps breath prayers from being vainly repetitive or putting us into a mild-altered state. Instead, not only are we fully present (with God!) each moment, we are consciously responding to our changing, present moments with words and ideas drawn from scripture."

Good Luck! "Lord be in me, and help me to pray!" Blessings! Pastor Marilyn

### SERMONS DURING AUGUST

During the first two weeks of the month, Rev. Marilyn Moeller will conclude her series on the "Parables and Other Fishy Stories." Parables are defined as earthly stories with a spiritual truth. Regarding the August 6th sermon, "Mountain Moving Faith!" Marilyn wrote:

"Within each of us, there is a small seed, a small grain of yeast, a treasure, an ability. You cannot *purchase* the items that produce greatness; it is *within* you. It is the spirit of hope and love, of peace and joy, of justice and compassion, which develops into actions that bring about God's kingdom for God's people. Let go of your need to *purchase* the kingdom tools! Instead be a force for hope and service to the Lord in the ways in which you serve and help others."

Beginning on August 20th, Rev. Adam Hamilton will begin a six-week series on "Simon Peter: A Flawed but Faithful Follower of Christ." Adam shared the following about the messages we will be hearing:

"We will take a look at Peter—a flawed disciple whom Christ nevertheless used, allowing his flaws and stories to speak to our lives as flawed followers of Christ. In each sermon, we'll see both how Peter is flawed or doesn't get it, (and thus see ourselves in Peter), and we'll also see his faithfulness and how he does get it. We'll bring together all four gospel accounts of Peter, and we'll include some film footage from the Holy Land (and Rome) to show the places where these things occurred."

Sermon dates and titles for the remainder of August are:

- August 20—The Fisherman from Galilee...*Jesus sees possibilities in all of us*
- August 27—Sinking on the Water/A Bit Slow on the Uptake...*Jesus overcomes our fears and doubts*

We hope you will plan to be present each Sunday to learn what God wants to share with you!

### INTERVIEW WITH A CHURCH MEMBER

Last month, the church newsletter interview was with long-time New Horizons church member, Joyce Ollendike. This month you will hear about Byron Ollendike's story.

Byron was born in Philadelphia, PA. When asked where he attended school, Byron noted it would be difficult to say. His father worked for F. W. Woolworth, owner of the Woolworth store chain where he was highly successful in turning around stores that were failing into ones that were successful. Because he was gifted in this area, he moved up in the ranks and the company moved their family every 1-2 years.

When Byron was 14, his father passed away and the family moved to Maryland. His mother decided military school would be the best option for Byron so he attended his last 3 years of high school at Randolph Macon Military Academy in Front Royal, Virginia. After graduation he joined the Air Force. He was stationed in Maine except for one winter when he was stationed in Greenland. The low temperature that year was minus 64! This does not include the wind chill factor! Byron noted it was, "interesting!"

After four years in the Air Force, Byron began traveling and working at various jobs. He ended up in Omaha, Nebraska where he worked on a road construction crew by day and in the evenings he attended class at the University of Nebraska. After one unfulfilling semester, he found a job as a crew member on wind jammers

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and other sailing boats in the Bahamas. Their task was to take guests on ten-day to two-week cruises, primarily in the Bahamas, but also to the West Indies. After 3 years, he returned to Nebraska to attend school.

Byron was going to classes by day and tending bar by night when he ran into someone who offered him a job working on elevators. He was burned out with school, and he enjoyed his new job so much that he did not finish his last year. Instead he moved to Columbia to begin contract work on elevators.

While on vacation one summer, he signed up for a skeet shooting competition back home in Maryland. This was when he met Joyce. Please refer back to last month's newsletter to read more about how their relationship blossomed, and about their life in Columbia!

Byron now shoots sporting clays instead of skeet. He enjoys reading, and loves getting back to Maryland for sailing. And, as we are all witness, he is a skilled woodworker. There is hardly a room in the church where one cannot see his amazing work. If you are not familiar, look at the cross hanging at the front of the sanctuary, the altar rails and the cabinetry around the technology booth amongst other things. In the church foyer, note the serving table. The cabinets in the Fellowship Hall on the lower level also are there in part because of Byron's gifts in this area. Beyond that, Byron has been a faithful church member, traveling with the youth on a mission trip, participating actively with the United Methodist Men and serving as a Trustees. Along with Joyce, he is among the first to visit and offer support to church members who are experiencing difficulty. We're so very fortunate that Byron is a member of our congregation!

Thank you Byron!

### **COMING SOON—COTTAGE VISITS!**

Pastor Marilyn and her husband, Pastor Eugene are continuing to get acclimated to their new state, new home and new churches. To help Pastor Marilyn and our congregation get to know each other better, Joyce Ollendike is scheduling "cottage visits." During these visits, several church members will host gatherings of a small number of church members and Pastor Marilyn at various times throughout the month. The visits are intended to allow us to share out story with Pastor Marilyn, and for us to learn more about Pastor Marilyn. The schedule is still being developed but you can expect to hear from someone soon, inviting you to one of the cottage visit events.

### **LEADERSHIP BOARD MEETING DATES CHANGED**

Beginning in August, Leadership Board meetings will be held on the third Wednesday of each month at 6:30 p.m. This adjustment was made to help accommodate Pastor Marilyn's work schedule.

As always, the congregation is invited to attend Board meetings except for PPR portions that address staffing issues. Those portions are closed. All who attend are welcomed to bring their dinner and eat during the meeting time if they choose.

The next Board meeting is scheduled for August 16th.

### **RETREAT SCHEDULED FOR AUGUST 26TH**

A retreat has been scheduled for 9:00 a.m.—noon on Saturday, August 26th at the church. The Leadership Board and Ministry Team members will meet for the first two hours and the congregation is invited to attend the final hour from 11:00 to noon, concluding with worship.

We are so fortunate to have Rev. Charity Goodwin as our facilitator! Pastor Charity is an Associate Pastor at Missouri United Methodist Church.

We hope everyone will attend!

For more information, please contact Carol Oliver at [carololiver1970@gmail.com](mailto:carololiver1970@gmail.com), or Pastor Marilyn at [marilyn\\_moeller@yahoo.com](mailto:marilyn_moeller@yahoo.com).

**MORE ON “BREATH PRAYER” - HOW’S YOUR COMMUNICATION WITH YOUR HEAVENLY FATHER?**

So you say you’re too busy for any long in depth talks with Him. Well here is something that I guarantee you can do if you can BREATHE. You can do this and you will have much better days and so will everyone who encounters you.

This is a way you can communicate with your Heavenly Father that won’t slow down your day. All you need to is say, “Here I am Lord, help me be aware of how I can be of help right now.” You may be aware of something as simple as picking up some trash or giving a passerby a smile. It may seem a little hard as you start but you will soon find that you are more aware of all that is going on around you, and life with the everyday things that you weren’t even aware of before become more interesting.

I am giving you a challenge. Try it! I want to hear from you about your experience praying the breath prayer.

Luella Adams

Prayer Team Member

**NEW HORIZONS PARTNERS WITH FUN CITY YOUTH ACADEMY FOR 2017—2018 ACADEMIC YEAR**

New Horizons is partnering again this year with Fun City Youth Academy to offer a free Saturday program for children during the school year. Fun City programming includes lunch followed by academic enrichment studies, (to improve reading and math skills), and cultural activities that include African-American Heritage classes. A time for recreation is also scheduled.

A “Backpack Giveaway” with free backpacks and school supplies was held at the church on August 5th for neighborhood children. Parents were provided with information about the Academy with the opportunity to sign-up their children for the program.

The Academy begins on September 9th and runs from 11:30 a.m. to 4:00 p.m. each Saturday during weeks when school is in session.

Retired United Methodist Pastor, Rev. Mel West and his wife, Barbara were visionary co-founders of the program over 40 years ago. The location has changed several times during those years but it now operates at Progressive Missionary Baptist Church at 702 Banks Avenue. New Horizons was added as a second site last year.

For additional information about Fun City, go to: [http://www.funcityyouthacademy.org/ie\\_programs.htm](http://www.funcityyouthacademy.org/ie_programs.htm).

**MINISTRY TEAM NOTES**

Loaves & Fishes—Thanks to everyone who helped on Saturday to provide dinner at Loaves & Fishes! Whether you planned, shopped, cooked, served or cleaned up, you were serving as the hands and feet of Christ, by caring for, “the least of these.”

Birthday and Blessings Box in August—New Horizons in collaboration with Cedar Ridge Elementary School is establishing a Cedar Ridge Children’s Fund. The funds will be used to provide needed items for children, or for family emergencies. Assistance will be requested by the school when they see a child with a particular need. Often it’s noticed a child doesn’t have underwear or funds to participate in a school event; these are the little things that can affect a sense of child’s self worth.

Save the Date—The CROP Walk is scheduled for Sunday, September 17th. This year, the local event is called, “The Cleo Kottwitz Golden Jubilee Columbia CROP Hunger Walk.” It celebrates Rev. Kottwitz’s active fight against hunger for over fifty years! More information will be provided in coming weeks about how we can participate.

***For surely I know the plans I have for you, says the LORD, plans for your welfare, and not for harm, to give you a future with hope. Jeremiah 29:11***

### UNITED METHODIST WOMEN NEWS

Our next UMW meeting will be Tuesday, September 19th at New Horizons United Methodist Church. Refreshments will be served at 6:30 with the meeting immediately following.

All women are invited and encouraged to bring a friend.

Please mark your calendar and plan to attend.

### UNITED METHODIST MEN

All men are invited to the United Methodist Men's breakfast meeting at 8:00 on August 12th at Bob Evans Restaurant, 3004 Clark Lane. Please remember to bring your New Horizons' coffee mug.

Questions? Please contact Ron Miller at 825-1200.

### BIRTHDAYS AND ANNIVERSARIES

There has been a request to have our congregational member's birthdays and anniversaries included in the newsletter each month so that others can celebrate with the person or couple who is at the center of the occasion! Here is the list for the remainder of August:

15th—Gloria Pifer

26th—Jeff Pitts

18th—Nancy Travis

28th—Tara Harper

22nd—Mike Fleischer

29th—Tate Dempsey

If you wish to have your information added or deleted, please contact the Church Office at 443-7058, or at [office@newhorizons-umc.org](mailto:office@newhorizons-umc.org).

### AUGUST CALENDAR OF EVENTS

Sunday, August 6

9:30 a.m. Kid's Club/Christian Ed Classes  
10:45 a.m. Worship  
11:45 a.m. Fellowship

Wednesday, August 9

9:30 a.m. Prayer/Study Group  
5:30 p.m. Big Brothers Big Sisters Meeting

Saturday, August 12

8:00 a.m. United Methodist Men  
Breakfast Meeting

Sunday, August 13

9:30 a.m. Kid's Club/Christian Ed Classes  
10:45 a.m. Worship  
11:45 a.m. Fellowship Time

Monday, August 14

9:00 a.m. Big Brothers Big Sisters Meeting

Tuesday, August 15

First day of class for Columbia  
Public Schools

Wednesday, August 16

9:30 a.m. Prayer/Study Group  
6:30 p.m. Leadership Board Meeting

Sunday, August 20

9:30 a.m. Kid's Club/Christian Ed Classes  
10:45 a.m. Worship  
11:45 a.m. Fellowship Time

Monday, August 21

Eclipse—2017  
7:00 p.m. Boy Scout Troop 7 Meeting

Tuesday, August 22

6:30 p.m. Girl Scout Troop 70324  
Meeting

Wednesday, August 23

9:30 a.m. Prayer/Study Group

Saturday, August 26

9:00 a.m. Retreat

Sunday, August 27

9:30 a.m. Kid's Club/Christian Ed Classes  
10:45 a.m. Worship  
11:45 a.m. Fellowship Time

Monday, August 28

7:00 p.m. Boy Scout Troop 7 Meeting

Wednesday, August 30

9:30 a.m. Prayer/Study Group



*New Horizons  
United Methodist Church  
1020 S. El Chaparral Ave.  
Columbia, MO 65201-9091*

### CHURCH INFORMATION

#### Our Staff

Pastor—Rev. Marilyn Moeller  
Music Director—Bernice Dyhouse  
Custodian—Christopher Morgan  
Ministers—The Whole Congregation

#### Sunday Services

9:30 a.m.—Kids Camp/Christian Education Classes  
10:45 a.m.—Worship  
11:45 a.m.—Fellowship

#### Church Contact Information

Church Office: 573-443-7058  
Fax: 573-443-7063  
Website: [www.newhorizons-umc.org](http://www.newhorizons-umc.org)  
Facebook: NewHorizonsUMC